

PALAKKADU DISTRICT

FOSTaC TRAINING

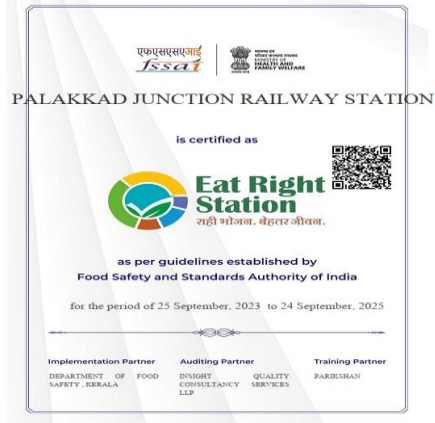


EAT RIGHT STATION

EAT RIGHT STATION – PALAKKAD DISTRICT

2 Railway Stations from Palakkad District were Certified as Eat Right Station as per Guidelines established by Food Safety and Standards authority of India :

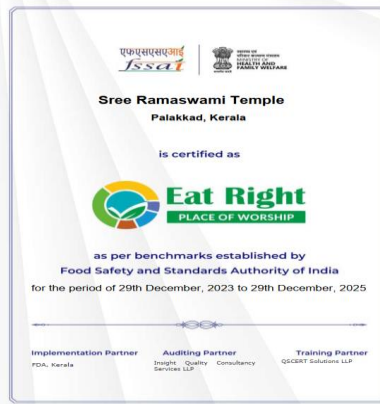
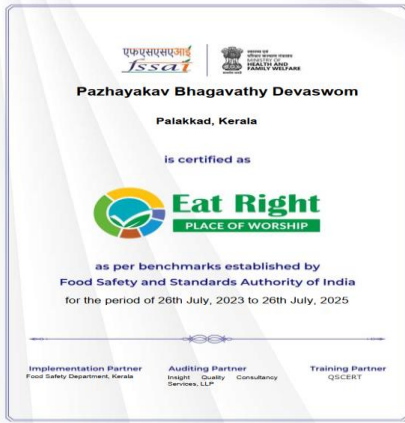
1. Palakkad Junction Railway Station
2. Shornur Junction Railway Station



EAT RIGHT PLACES OF WORSHIP

CERTIFICATE

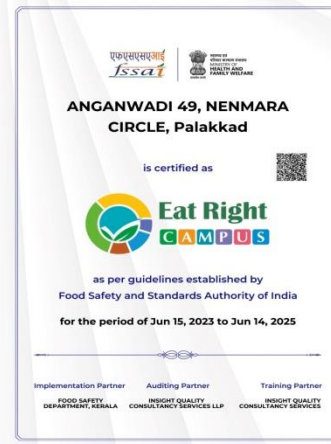
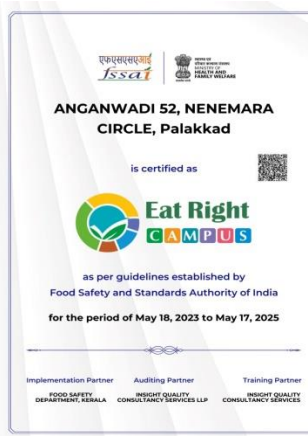
Pazhayakavu Bhagavathy Devaswom Temple, Pallassana, Nenmara Circle, Palakkad and Sree Ramaswami Temple, Chittur Circle, Palakkad are certified as Eat Right Place of Worship in July 2023 and December 2023 respectively from Palakkad District as per benchmarks established by Food Safety and Standards Authority of India.

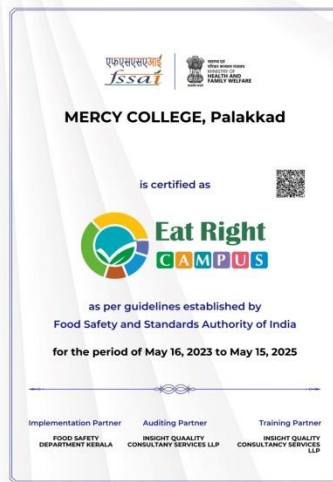
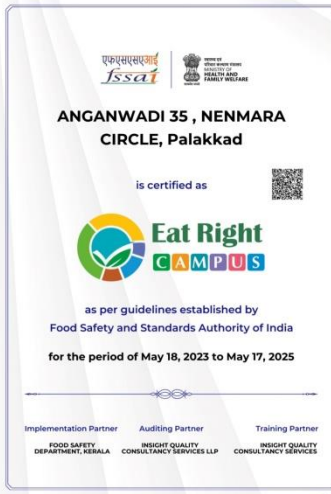


EAT RIGHT CAMPUS

Institutions certified as Eat Right Campus at Palakkad District :

1. C. No.30, Kombankallu Anganwadi, Nenmara, Palakkad
2. C. No.32, Anganwadi, Nenmara, Palakkad
3. C. No.35, Mattupara Anganwadi, Nenmara, Palakkad
4. C. No.49, Padinjarethara Anganwadi, Nenmara, Palakkad
5. C. No.52, Pazhatharakavu Anganwadi, Nenmara, Palakkad
6. C. No.58, Padivattom Anganwadi, Nenmara, Palakkad
7. Yuvakshetra Institute of Management Studies, Mundur, Palakkad
8. Mercy College, Palakkad





EAT RIGHT SCHOOLS

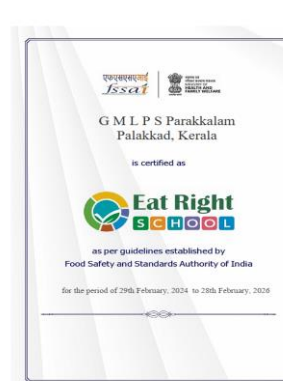
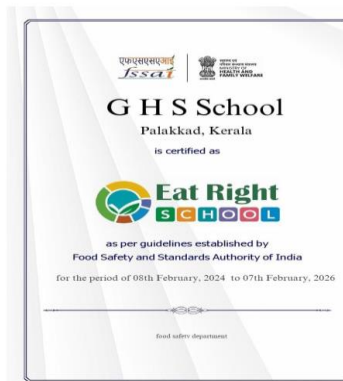
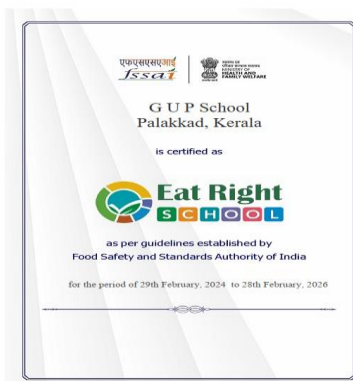
Eat Right School

4 Schools were registered for the Eat Right School programme from Palakkad :

1. Govt. Boys High School, Chittur
2. GMLP School, Parakkalam, Chittur
3. Govt. UP School, Chittur
4. GMMHSS, Palakkad.

Out of these Govt. Boys High School was certified as Eat Right School.

The other 3 Schools completed hygiene auditing and in the final stage of document uploading.



FOOD FORTIFICATION

A Seminar on Food Fortification was conducted by the Food Safety Enforcement Wing, Palakkad on 12.10.2023 at Amrutham Nutrimix Consortium Hall, Kallekkad, Pirayiri, Palakkad. The registration for the programme started at 09.30 am. All the Entrepreneurs of Amrutham Nutrimix of Palakkad District participated in the programme (110 members). The Nodal Food Safety Officer of the District, Mr. Rajesh C S formally welcomed the Participants and resource persons through his brief welcome address. A short preface note was delivered by the nodal officer on the importance of Food Fortification and necessity to add fortified foods in the routine. The State Committee Member for Amrutham Nutrimix, Mrs. Bhagirathi M V presided over the function. The Asst. Commissioner of Food Safety, Palakkad, Mr. V Shanmukhan inaugurated the Seminar. He pointed out the Positive sides of healthy and nutritive changes happen due to the consumption of Fortified Foods in our menu. One of the Entrepreneur of Nutrimix and President of Thirumittakode Gramapanchayath, Mrs. Suhara, made a felicitation speech.



MILLET MELA

The Department of Food Technology, in association with the Food Safety Department in Palakkad, celebrated the International Millet Year on December 13, 2023. The event aimed to raise awareness about the importance of millet as a sustainable solution for agrarian and nutritional challenges. The celebration consisted of various activities, including a welcome speech, a presidential address, an inaugural ceremony, a seminar session, and competitions.

Report on Millet Mela – Palakkad

Demonstration and Competition of Millets Based Recipes

Exhibition 1

An exhibition and competition for school students were conducted on 30.09.2022 at AUP School Panangatiri, Nannara, as part of Poshan Abhyam awareness week in Palakkad district. More than a hundred students from classes 3 to 7 participated in the program, and had brought various millet-based recipes prepared from home. 20 recipes were selected for the competition which were assessed by the Principal and Food Safety Officers.

An awareness class was conducted by FSO Chittur circle regarding the importance of reintroduction of millets in diet.



Report on Millet Mela – Chittur Circle, Palakkad Dt., Kerala

Demonstration and Competition of Millets Based Recipes

An exhibition for millet-based recipes were conducted for ICDS-Kudumbasree workers of Chittur area of Palakkad on 28.10.2022 at Jawaharlal Nehru Auditorium, Chittur. 25 ICDS workers from 4 panchayaths participated in the event. A total of 25 recipes were presented in the exhibition.

Also, a competition was held with title "Palaharavatti," competition aimed at innovation of the traditional recipes of palaharavatti to include millets as major ingredients and the items being less in sugar, salt, and fat. "Palaharavatti" is an old traditional practice in Palakkad district, of gifting a box of various tasty and nutritive food during happy occasions and festivals. A "Palaharavatti" contains a combination of sweets, savouries and rice-based foods with side dishes, that are nutritive, healthy and have a good shelf life. A Palaharavatti in traditional way ensures including all the food items - fruits, vegetables, cereals, pulses, milk etc. This program aims in re-introducing such old traditional recipes of the district to the new generation and encourage them to adopt them in daily life.



From the submission of 8 Palaharavatti combo having seven items in each, best 4 combos were selected and awards were given. Each combo consisted of a starter, 2 main courses, 2 side dishes, snack, and a dessert.




MILLET YOGA

Food Safety Department, Palakkad (Dist) Kerala, organized "Eat Right Millet Yoga", an Eat right initiative of FSSAI to encourage millet based food, on 02/11/2023 at Govt. Girls HSS Alathur, Palakkad. The programme started at 3.30 PM with the welcome address by Ms. Aneesha C P (Food Safety Officer, Alathurcircle). The dignitaries on the dais were Mr. Prasadnan (Principal GGHS, Alathur), Mr. Shanmughan V (Assistant Commissioner of Food Safety Palakkad), Mrs. Santhakumari (HM GGHS, Alathur), Mrs. Vinitha A V (Food Safety Officer, Tarur circle), Mr. Prajeesh R (Yoga Instructor).



India *Jssai*   **INTERNATIONAL YEAR OF MILLETS 2023**

**Dept. of Food Safety
Palakkad District, Kerala**

**Eat Right
Millet Yoga** 

02.11.2023 THURSDAY 3.30 PM -GGHSS, ALATHUR



RUCO

An awareness class on the repurpose of used cooking oil (ruco) was conducted on 17.10.2023 at csn auditorium , kaniyapuram Ottappalam for the hotel and restaurant workers in ottappalam region. A total of 55 food safety supervisors from various hotels and restaurants in the region participated in the programme. The awareness class started at 10.15 am. Was conducted by food safety officer of Ottappalam circle. Dr. Nandakishore O.P. The topic covered in the awareness class included properties of fats & oils changes occurring during cooking process. Total polar compounds harmful effects of TPC on health guidelines for the use of cooking oils and their eco friendly methods of disposal. Contact details of fssai approved aggregators were provided to the FBO'S at the end of the class. Pamphlets were also distributed during the class containing guidelines for proper use of cooking oils and their disposal. Awareness class concluded at 11.30 AM.



SAVE FOOD SHARE FOOD

FOOD SAETY DEPARTMENT PALAKKAD district conducted a awareness class regarding the subject save food share food for fbo's of catering services. Awareness programme held at hotel Noor Jahan banquet hall on 30.10.2023. food safety department assistant commissioner V.Shanmukhan inaugurated the function. Food safety officer Chittoor lectured the subject save food share food. 30 fbo's are attended the class.





STATE INITIATIVES

SAFE KITCHEN

Palakkadu food safety circle office conducted a awareness class about safe kitchen initiative for Mathur primary health centre staffs and asha workers at Mathur grama panchayath hall on 26/02/2024 at 10.am. 50 persons attended the awareness programme. Nutrition Hitha c lectured the class. After the class food safety team done a practical session with the the help of food safety on wheels.



Safe Kitchen Initiative 2023-24 Ottapalam circle

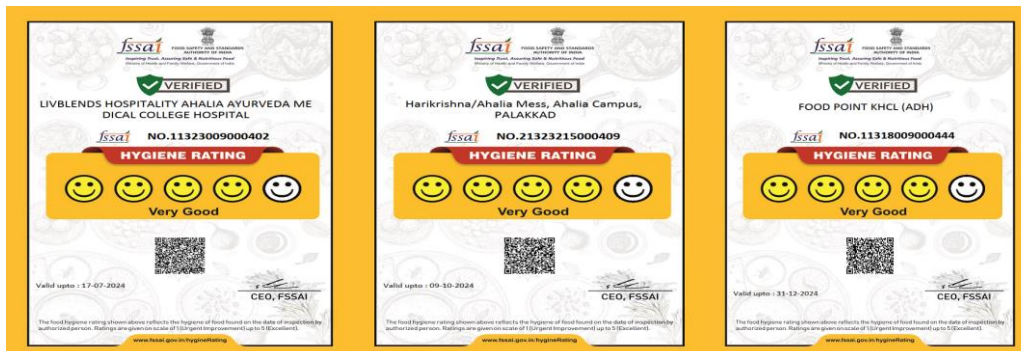
Report

In an endeavor to create safe, hygienic and nutritive food in kitchens in homes, Food Safety Department, Government of Kerala & Food Safety and Standards Authority of India jointly commenced a program "Safe Kitchen Initiative". Safe Kitchen Initiative 2023-24 was conducted at Ottapalam circle, Palakkad district on 23.02.2024 at Taluk Conference Hall, Ottapalam at 11.00AM. A total 35 participants consisting of ASHA workers, home-makers & few female employees from Taluk office attended the seminar. The welcoming address was given by sri. Hisham Abdulla, FSO Shornur circle. Seminar was felicitated by smt. Priya. K (ASHA block level coordinator) and smt. Sujatha Unni, JS RDO Office. Seminar was conducted by Dr. Nandakishore O.P, FSO Ottapalam. Seminar included food, its types, various nutritional components, their daily requirements and sources, safe kitchen practices, good cooking methods, common food adulterants and their detection methods. Seminar was followed by a brief session of discussions regarding healthy recipes and clarifying general queries. Vote of thanks was given by smt. Jamuna Rani A. (ASHA worker, Lakkidi). Seminar ended at 1.45PM.



SNF@WORK PLACE

Ahalya campus under Chittoor circle office Palakkadu district has been selected for SNF@ WORK PLACE programme. Five food business establishments are working here. According to the project postac training is given to the workers regarding food business.





SNF@SCHOOL

SNF@ SCHOOL programme is organised at Kulappilly government school, Valiyangadi Government Higher Secondary School Palakkad, GHS Thiruvazhiyadu, GTHSS, Pudur, St.Poles high school Kozhinjampara and Model central school Alathur. 400 students attended the programme. Awareness class, introducing food safety on wheels are held at this each programme.

Kulappilly Government School



Valiyangadi Government Higher Secondary School Palakkad



GHS Thiruvazhiyadu



GTHSS, Pudur



St.Poles high school Kozhinjampara



Model central school Alathur



MODEL FOOD SAFETY GRAMAPANCHAYATH

Kozhijampara and Kulukallur grama panchayath at Palakkadu district have been selected for the model food safety grama panchayath. Food safety officer lectured the awareness class regarding the subject food packaging materials and shawerma guidelines. Also arranged a awareness class for kudumbasree persons and fishermen. For the part of this programme , water collected nearby anganwadi's and tested it with the help of Palakkad MFTL.Placed a hoarding at panchayath.

Kulukallur grama panchayath



Kozhijampara Grama Panchayath



SPECIAL DRIVES

OP.MALSYA

Operation Malsya - Palakkad District

Activities from April 2023

1. No. of Inspections : 192
2. No. of Notice issued : 15
3. Amount Compounded : Rs. 11,500
4. Quantity of Decayed fish destroyed : 370.5 kg
5. No. of Statutory Samples taken : 2
6. No. of Surveillance Samples taken : 347



OPERATION SHAWERMA

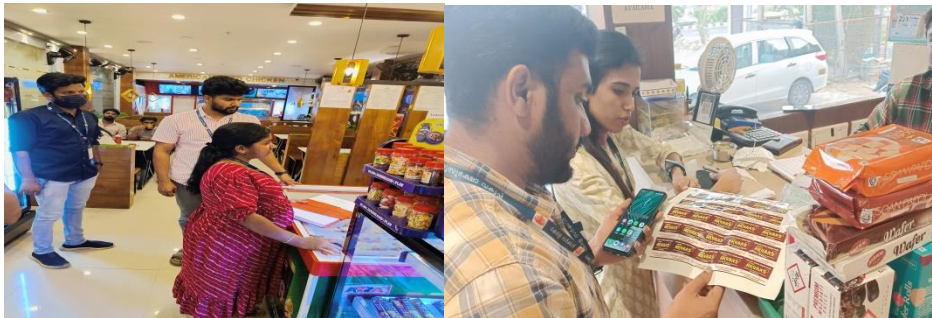
OPERATION SHAWARMA 14.03.2024 (3 PM TO 8 PM)

1. No. of Squads deployed : 3
2. No. of Inspections Conducted : 44
3. No. of Rectification Notice issued : 1
4. No, of Compounding Notices recommended : 9
5. No. of Closure : 7



OPERATION LABEL

In order to ensure the rule that the label should be affixed on the outside of the envelope of the food particles , food safety department, Palakkad district conducted a inspection at food business establishments under the leadership of a special task force. In Palakkad district 52 inspections completed with the help of 3 squads. Compounding notices issued to 10 establishments for the reason of violating Food safety law. Adjudication proceeded against 9 institutions.





CHECK POST INSPECTION

Checkpost Inspection

Regular Squad works were performed at Walayar and Meenakshipuram Checkposts for the inspection and sampling of Vegetables and Milk.

Round the Clock Special duty during Onam Festival were also conducted by deputing Enforcement Officers and supporting staff from all circles along with Mobile Food Testing Laboratory.

About 275 milk samples and 25 vegetable samples were taken during this financial year, till date.



ONAM,X'MAS NEW YEAR SQUADS

ONAM SQUAD 2023 – Consolidated Report

No. of Inspections : 236

No. of Rectification Notice issued : 1

No. of Compounding Notices Recommended : 12

No. of Statutory Samples : 33

No. of Surveillance Samples : 179

No. of Closure : 1



X'MAS SQUAD 2023 – Consolidated Report

No. of Inspections : 54

No. of Compounding Notices Recommended : 5

No. of Samples collected: 41



OPERATION FOSCOS

OPERATION FOSCOS SEPTEMBER 15, 2023- REPORT OFFICE OF THE ASSISTANT COMMISSIONER OF FOOD SAFETY, PALAKKAD

	THRITHALA/ PATTAMBI	SHORNUR/ OTTAPALAM	KONGAD/ MANNARKAD	MALAMPUZHA	PALAKKAD	ALATHUR/ TARUR	CHITTUR	NENMARA	TOTAL
TOTAL NO. OF SQUAD DEPLOYED	1	1	1	1	1	1	1	1	8
TOTAL NO. OF INSPECTION CONDUCTED	54	48	38	54	50	40	52	44	380
TOTAL NO. OF NOTICE ISSUED FOR NON LICENSED/NON REGISTERED FBE	1	0	6	2	2	4	2	1	18
TOTAL NO. OF NOTICE ISSUED FOR CONVERSION FROM REGISTRATION TO LICENSE	0	8	0	0	2	0	0	0	10
TOTAL NO. OF COMPOUNDING NOTICES	1+2	8	6	2	4	4	2	1+1	31
TOTAL NO. OF CLOSURES IN THE DISTRICT	1	8	6	2	4	4	2	1	28

ASSISTANT COMMISSIONER OF FOOD SAFETY, PALAKKAD



OPERATION FoSCos - PALAKKAD DISTRICT - 05.02.2024 TO 08.02.2024																				
Circle	Total No. of Inspection					Total No. of notice issued for non licensed / registered unit					Total No. of notice issued for conversion of registration to license					Total No. Of Closure				
	05.02.24	06.02.24	07.02.24	08.02.24	Total	05.02.24	06.02.24	07.02.24	08.02.24	Total	05.02.24	06.02.24	07.02.24	08.02.24	Total	05.02.24	06.02.24	07.02.24	08.02.24	Total
Thrithala	30	30	30	30	120	0	0	0	0	0	5	5	5	5	20	0	0	0	0	0
Pattambi	30	30	30	30	120	0	0	0	0	0	2	1	1	0	4	0	0	0	0	0
Shornur	30	30	30	30	120	3	5	4	3	15	1	0	2	3	6	3	5	4	3	15
Ottapalam	31	30	30	34	125	2	4	3	1	10	2	0	0	1	3	2	4	3	1	10
Kongad	30	0	0	0	30	0	0	0	0	0	3	0	0	0	3	0	0	0	0	0
Mannarkkad	0	30	30	0	60	0	4	2	0	6	0	0	6	0	6	0	4	2	0	6
Malampuzha	32	30	32	30	124	0	2	4	2	8	5	2	2	4	13	0	2	4	2	8
Palakkad	30	30	30	30	120	2	2	4	1	9	3	2	4	2	11	2	2	4	1	9
Tarur	0	30	0	30	60	0	0	0	1	1	0	3	0	3	6	0	0	0	1	1
Chittur	15	0	35	34	84	1	0	1	2	4	0	0	3	2	5	1	0	1	2	4
Nenmara	0	50	0	0	50	0	0	0	0	0	5	0	0	5	0	0	0	0	0	0
Alathur	30	0	30	0	60	2	0	1	0	3	2	0	2	0	4	2	0	1	0	3
TOTAL	258	290	277	248	1073	10	17	19	10	56	23	18	25	20	86	10	17	19	10	56



Circles	Ottapalam/ Pattambi	Shornur/ Thirithala	Kongad/ Mannarkkad	Palakkad	Alathur/Tarur	Malampuzha	Chittur	Nenmara	Total
Total No. of Squad deployed	1	FSO on leave due to urgent medical emergency	1	1	1	1	1	1	7
Total No. of Inspection Conducted	79	0	35	50	40	50	40	50	344
Total number of notice issued for non-licensed/non-registered FBE	0	0	6	2	4	1	1	0	14
Total number of notice issued for conversion from FSSAI registration to license	18	0	0	0	0	2	1	1	22
Total number of closure	0	0	6	2	4	1	2	1	16

Operation FoSCo5 - 2nd Day (02.08.2023) - PALAKKAD DISTRICT

Circles	Ottapalam/ Pattambi	Shornur/ Thirithala	Kongad/ Mannarkkad	Palakkad	Alathur/Tarur	Malampuzha	Chittur	Nenmara	Total
Total No. of Squad deployed	1	1	1	1	1	1	1	1	8
Total No. of Inspection Conducted	48	25	32	40	40	52	60	45	342
Total number of notice issued for non-licensed/non-registered FBE	0	0	1	2	1	2	3	0	9
Total number of notice issued for conversion from FSSAI registration to license	18	16	6	7	0	3	3	2	55
Total number of closure	18	16	7	9	1	5	6	2	64

SOCIAL MEDIA CONTENTS AND PRESS CUTTINGS



FOOD SAFETY ON WHEELS

Food Safety On Wheels, Palakkad District

Activities from April 2023

- 1. No. of Days Operated : 244
- 2. No. of Samples Tested : 1875
- 3. No. of Awareness programmes conducted : 74
- 4. No. of Training sessions conducted : 31



